

**THE GEORGIA CENTER**  
FACIAL PLASTIC SURGEY & LASER AESTHETICS  
613 PONDER PLACE DRIVE  
EVANS, GEORGIA 30809  
706.210.2625

**ACHIH CHEN, MD, FAACS, FACS**

**FACE/NECKLIFT**  
**POST OPERATIVE INSTRUCTIONS**

**During Office Hours:**  
**Monday through Friday 9AM–5PM**  
**706.210.2625**

**After Office Hours:**  
**Dr. Chen's cell phone**  
**706.267-5542**

CALL THE OFFICE IF:

- YOU HAVE A FEVER GREATER THAN 101.3 F
- THERE IS INCREASE REDNESS/TENDERNESS AT THE INCISION SITE OR SURGICAL SITE
- YOU HAVE UNUSUAL SWELLING
- YOU HAVE INCREASED PAIN

DO NOT DRIVE OR OPERATE HEAVY MACHINERY FOR 48 HOURS FOLLOWING YOUR PROCEDURE IF YOU HAVE HAD ANESTHESIA, OR WHILE TAKING PAIN MEDICATIONS.

MEDICATIONS: Take your medications as prescribed on the instruction label.

SUTURES: Dr. Chen will remove those 5-7 days after surgery. Apply Vaseline or antibiotic ointment to exposed incision line(s) three times (3x) a day.

POSITION: Keep the head elevated to reduce swelling, sleeping on at least two to three pillows.

DRESSING: Keep dressing on and dry until Dr. Chen removes.

BLEEDING AND CLOTTED BLOOD: If you bleed from one of the suture lines, apply gentle pressure for 10-20 minutes. It will usually stop. If there is dried or clotted blood along the incision line, you may gently clean the incision line with ½ strength hydrogen peroxide. Do not get hydrogen peroxide into the eyes.

SUN EXPOSURE: If fresh scars are exposed to the sun, they may become lighter or darker and may take longer to fade.

ACTIVITIES: No heavy lifting or vigorous activity for 2 weeks following your procedure unless otherwise instructed.

OTHER INSTRUCTIONS:

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